

ALCHEMY 365 TENNYSON

OPEN GYM SCHEDULE

	MON	TUE	WED	THU	FRI	SAT	SUN		
5AM	5AM-6:20AM								
6AM									
7AM	7:30AM-1PM					7:15AM-12PM		7:30AM-11:30AM	
8AM									
9AM									
10AM									
11AM									
12PM									
1PM									
2PM									
3PM									
4PM	3:45PM-4:50PM				3:45PM-5:30PM		3:30PM-5:30PM		
5PM									
6PM	6PM-7:30PM								
7PM									

Visit alchemy365.com/.opengym to add an Open Gym pass to your membership!

*Schedule subject to change. We may adjust hours due to holidays.