

OPEN GYM SCHEDULE

| | MON | TUE | WED | THU | FRI | SAT | SUN |
|------|-------------|-----|-----|-----|-----|----------------|-----|
| 5AM | 5AM-6:50AM | | | | | | |
| 6AM | 5AM-6:50AM | | | | | | |
| 7AM | | | | | | 7:30AM-11:30AM | |
| 8AM | 8AM-10:50AM | | | | | 7:30AM-11:30AM | |
| 9AM | 8AM-10:50AM | | | | | 7:30AM-11:30AM | |
| 10AM | 8AM-10:50AM | | | | | 7:30AM-11:30AM | |
| 11AM | | | | | | | |
| 12PM | 12PM-7PM | | | | | | |
| 1PM | 12PM-7PM | | | | | | |
| 2PM | 12PM-7PM | | | | | 12PM-6PM | |
| 3PM | 12PM-7PM | | | | | 12PM-6PM | |
| 4PM | 12PM-7PM | | | | | 12PM-6PM | |
| 5PM | 12PM-7PM | | | | | 12PM-6PM | |
| 6PM | 12PM-7PM | | | | | 12PM-6PM | |

Visit alchemy365.com/opengym to add an Open Gym pass to your membership!

*Schedule subject to change. We may adjust hours due to holidays.